

## Mysteries of the Rosary

The Church has used three sets of mysteries for many centuries. In 2002 Pope John Paul II proposed a fourth set of mysteries—the Mysteries of Light, or Luminous Mysteries. According to his suggestion, the four sets of mysteries might be prayed on the following days: the Joyful Mysteries on Monday and Saturday, the Sorrowful Mysteries on Tuesday and Friday, the Glorious Mysteries on Wednesday and Sunday, and the Luminous Mysteries on Thursday.

### The Joyful Mysteries

1. **The Annunciation**  
Mary learns that she has been chosen to be the mother of Jesus.
2. **The Visitation**  
Mary visits Elizabeth, who tells her that she will always be remembered.
3. **The Nativity**  
Jesus is born in a stable in Bethlehem.
4. **The Presentation**  
Mary and Joseph take the infant Jesus to the Temple to present him to God.
5. **The Finding of Jesus in the Temple**  
Jesus is found in the Temple discussing his faith with the teachers.

### The Mysteries of Light

1. **The Baptism of Jesus in the River Jordan**  
God proclaims that Jesus is his beloved Son.
2. **The Wedding Feast at Cana**  
At Mary's request, Jesus performs his first miracle.
3. **The Proclamation of the Kingdom of God**  
Jesus calls all to conversion and service to the Kingdom.
4. **The Transfiguration of Jesus**  
Jesus is revealed in glory to Peter, James, and John.
5. **The Institution of the Eucharist**  
Jesus offers his Body and Blood at the Last Supper.

### The Sorrowful Mysteries

1. **The Agony in the Garden**  
Jesus prays in the Garden of Gethsemane on the night before he dies.
2. **The Scourging at the Pillar**  
Jesus is lashed with whips.
3. **The Crowning With Thorns**  
Jesus is mocked and crowned with thorns.
4. **The Carrying of the Cross**  
Jesus carries the cross that will be used to crucify him.
5. **The Crucifixion**

Jesus is nailed to the cross and dies.

## The Glorious Mysteries

1. **The Resurrection**  
God the Father raises Jesus from the dead.
2. **The Ascension**  
Jesus returns to his Father in heaven.
3. **The Coming of the Holy Spirit**  
The Holy Spirit comes to bring new life to the disciples.
4. **The Assumption of Mary**  
At the end of her life on earth, Mary is taken body and soul into heaven.
5. **The Coronation of Mary**  
Mary is crowned as Queen of Heaven and Earth.